

# Blueprint Builder

A lack of self-confidence may be the biggest obstacle to maintaining faith in yourself. This handicap can be overcome and timidity translated into courage through the use of positive thoughts stated in writing (hand write this out), memorized, and repeated until they become part of your subconscious mind.

The following is a formula for attaining and strengthening your self-confidence. Commit yourself to genuinely believing of each element of the formula and acting upon each belief.

a) I know that I have the ability to achieve the objects of my definite purpose in life; therefore I demand of myself persistent, continuous action toward its attainment, and I promise here and now to render such action.

b) I realize the dominating thoughts of my mind eventually reproduce themselves into outward, physical action, and gradually transform themselves into physical reality; therefore I concentrate my thoughts for 30 minutes daily upon the task of thinking of the person I am becoming thereby creating in my mind a clear mental picture of that person

c) I know through the principle of autosuggestion any desire I persistently hold in my mind eventually seeks expression through some practical means of attaining the object I desire. I devote 10 minutes daily to demanding of myself the development of self-confidence.

d) I have written down a clear description of my definite chief aim in life, and never stop trying until I have developed sufficient self-confidence for its attainment.

e) I realize that no wealth or position can long endure unless built upon truth and justice; therefore I engage in no transaction, which does not benefit all whom it affects. I succeed by attracting to myself the forces I wish to use and the cooperation of others to help me. I induce others to serve me because of my willingness to serve others.

I eliminate hatred, envy, jealousy, selfishness, and cynicism because I have developed love for all humanity; I know that a negative attitude toward others can

never bring me success. I cause others to believe in me, because I will believe in them and I believe in myself.

Hand write and sign your name to this formula, commit it to memory, and repeat it aloud a minimum of once a day with full faith that it has transformed your thoughts and actions so that you are a self-reliant, successful person.